

CT MUST DOS: 10 THINGS YOU CANNOT MISS



Downtown Design

International brands from around the world will be on display for what is one of the key events within the Dubai Design Week umbrella. At Downtown Design you can browse inspiring new products across all categories including furniture, lighting, kitchens, bathrooms, carpets and flooring, wall coverings, accessories and new technologies. At Dubai Design District. For details: 04-563 1428



Motor Show

The Dubai International Motor Show roars into action from today! Showcasing more than 100 regional or global car launches from the world's leading automotive brands you will also be able to see the world's latest cars and technology shaping the future of driving. At Dubai World Trade Centre. www.dubaimotorshow.com

Movie Night

Snatched, a comedy film, directed by Jonathan Levine and written by Katie Dippold, starring Amy Schumer, Goldie Hawn, Joan Cusack, depicts a mother and daughter who are abducted while on vacation in South America. It will be playing at The Backyard Dubai, 8pm. For details: 050-213 5816



Mums Walkathon

Dubai Fitness Challenge is hosting the city's first ever Mums and Strollers Walkathon! The walkathon will offer moms the perfect opportunity to get active while enjoying the lovely weather with friends and their little ones. The Mums and Strollers Walkathon is part of the 'Ladies Tuesdays' series of events and is free of charge. At Mamzar Park, Dubai, 9am. For details: www.dubaifitnesschallenge.com



Monroe Nights

This is going to be a night like no other for you and your girlfriends! Monroe Nights is an award winning night mixing great music, beverages and an atmosphere like no other. Join and let the night take lead with music by DJ Saif & Sound, DJ Stylez. At Billionaire Mansion, Taj Hotel, Dubai. For details: 050-954 5000



UAE Modern

UAE Modern is a hub for scholars, professionals, and institutional bodies around the world that are involved in the field of modern architecture heritage research. The event will take place over two days. The first day will be at Ethad Museum. For details: 050-6343220



Paint & Grape

Join an evening of art and creativity, recreating one of the most famous paintings in the world, the Mona Lisa by Leonardo Da Vinci! All you have to do is grab your brush and your glass of grape and get painting! This three hour session will have all the ingredients to make you feel at ease and become a true artist. At InterContinental Dubai Marina, 7.30pm. For details: denise@weloveart.ae



Evening Meditation

Join Kasey Conrad, a well-being specialist, for a peaceful hour of self-discovery and wellness. Kasey will lead a guided meditation exploring the question, "Who am I?" At Change Works AD. For details: www.changeworksad.com



Art Exhibition

This looks like a really interesting show! It's a mix of sculptures and collage installations by Hazem El Mestkawy and Hazem Harb, two of the most prominent contemporary and conceptual Arab artists who have collaborated for this unique show. At Gallery Ward, 11am-7pm. For details: 04-388 3204



Fitness Challenge

Vox Cinemas have joined forces with Fitness First Middle East for the Vox Cinema Fitness Challenge to get you more fit! This new, free-to-attend exercise class is an out-of-the-box circuit training session, inspired by Virgin Radio MAX, the biggest cinema in the MENA region. At Virgin Radio MAX, Vox Cinema, City Centre, Deira, 7pm-8pm. For details: www.facebook.com/voxcinemas/